

## Sex & Relationship Education Overview

Key Stage One		Key Stage Two			
<u>Year One</u>	<u>Year Two</u>	<u>Year Three</u>	<u>Year Four</u>	<u>Year Five</u> <i>Girls and boys separated</i>	<u>Year Six</u> <i>Girls and boys separated</i>
Myself and Others	Differences: Boys and girls	Self Esteem	Growing and Changing	Talking about puberty	Puberty and reproduction
Body Parts	Differences: Male and Female	Challenging Gender Stereotypes	Body changes and reproduction	Becoming men and women	Relationships and reproduction
Family	Naming Body Parts	Differences: Male and Female	What is puberty?	Puberty and hygiene	Conception and pregnancy
Friendships	Everybody needs caring for	Family Differences	Thinking, feeling, doing - changing relationships	Menstruation and wet dreams	Being a parent
Choices	Looking after the body	Decision Making	Assertiveness	Menstruation education for girls	HIV Transmission
Keeping Safe	Keeping Safe	Keeping Safe inc: e-safety	Keeping Safe inc: e-safety	Keeping Safe inc: e-safety / sexting etc.	Keeping Safe inc: e-safety / sexting etc.
Your questions answered	Your questions answered	Your questions answered	Your questions answered	Building good relationships  Your questions answered	Your questions answered

