

Dear Parents,

I'm pleased to tell you that we will be working with the **NSPCC**, the UK's leading children's charity, who'll be delivering their **Speak out...Stay safe...** programme once again to make sure our pupils have the knowledge and understanding they need to stay safe from abuse. The workshops will be taking place on 30th September 2016.

What if the **Speak out...Stay safe... Programme?**

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have of course studied the content of the materials and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, we're convinced that our children will feel empowered – knowing how they can speak out and stay safe.

If you would like any more information about the NSPCC **Speak out. Stay safe.** programme, including frequently asked questions, you can find it on the NSPCC website nspcc.org.uk/schools or please come into speak to me and I can provide more information.

Talking about the Underwear Rule with your children

For your information, the NSPCC's work in schools will help encourage conversations about staying safe and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can also find out more and download the free resources at nspcc.org.uk/pants

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/preventing-abuse/keeping-children-safe/

Please keep an eye on your child's communication pocket following the workshop as information will be posted for your attention.