



Dear Parents,

We hope your children are looking forward to their swimming lessons with us as much as we are looking forward to teaching them. With the beginning of the new term just around the corner, we wanted to take the time to introduce ourselves and to explain a little as to how the lessons will run.

We have been running swimming lessons in the Surrey and Berkshire area for the best part of 60 years. What started off as a small family run business, over the years has developed significantly and still with the family run, friendly ethos, we are now responsible for teaching approximately 2000 children to swim each week.

Our lessons are engaging and fun. With that in mind, the safety of the children is paramount. To begin with, a large proportion of the pupils will be required to wear swimming aids. These aids will be in the form of either a swimming noodle and/or swim discs. Whilst we appreciate some children won't be used to wearing aids, this is often a necessity in order to ensure the instructor can safely manage a group of varying abilities. Over time the aids will be reduced and eventually removed as the children become more competent.

Children will be taught and expected to swim with and without goggles. It is very important that children are able to swim without them. If they were to ever fall into water unexpectedly, the chances of them having their goggles with them is very small. Furthermore, when children wear goggles during a lesson, it is quite common for their heads to be under the water when they should be listening to instructions!

The fantastic facilities at Heathfield School will ensure your children are provided with the best learning environment. The water will be kept at a warm temperature and pool tests will be taken regularly to ensure the pool water chemistry is maintained within the recommended guidelines.

We hope this letter has provided you with an insight as to how we wish to develop your child's swimming ability and we look forward to meeting them all very soon.

Yours Faithfully,

Frogs and Friends.